



Tai Chi for Rehabilitation Workshop

On completion of this successful two-day workshop, you will be provided with the necessary skills and knowledge to conduct safe and effective modified Tai Chi classes. Tai Chi for Rehabilitation was designed by Dr Paul Lam in conjunction with a team of medical specialists and Tai Chi Specialists. Based on Yang, Sun and Chen Styles Tai Chi for Rehabilitation is easy to learn, effective and safe. The program is designed to improve balance and help prevent falls. This program will also improve overall health and wellness.

Workshop notes, training certificate, morning and afternoon are included in the workshop.

Who is eligible to attend this training?

Suitable participants include, Occupational Therapists, Physiotherapists, Exercise Physiologists, Tai Chi teachers and advanced students, Nurses, Health Professionals, Accredited Exercise instructors, Certified Allied Health etc.

Master Trainer Brenda Hum

Pre workshop requirements

Before the workshop you are expected to work through Dr Lam's Tai Chi For Rehabilitation DVD and his Teaching Tai Chi Effectively book.

The DVD can be obtained either by ringing Tai Chi Productions on 02 9533 6511 or from the Tai Chi Productions website: www.taichiproductions.com.

The DVD is also available on Dr Lam's Online lessons www.onlinetaichilessons.com

When: Saturday May 28th & Sunday May 29th 2022

Time: 9.00am to 5.00pm

Course fee: \$420

Early bird fee \$400 by Friday May 6th

Update day: Sunday 26th - cost \$220

Registration deadline: May 20th 2022

A \$50 admin fee may be incurred for cancellations after this date

Marjorie Black Community Room

SACOSS Building

47 King William Rd,

Unley 5061



Registration: Tai Chi for Rehabilitation

Name.....

Organisation.....

Suburb..... Post Code.....

Phone.....

Email.....

Registration Includes morning tea and afternoon tea, course notes and certificate.

Course fee \$420 with deadline for payment May 20th 2022

Early Bird Fee \$400 - payment due by May 6th 2022.

TCR Update \$220.00 payment due May 20th

Other TCHI forms to be updated

\$45.00 for each other form being updates.

Payment

Cheques made out to "LEAP SA"

PO Box 180

St Agnes, South Australia 5097

Direct Debit

**Please add your name to the transfer and email details to:
teamleapsa@outlook.com**

BSB: 015 300

Account: 187325306

Enquiries: Brenda Hum: Phone: 61413022246 Email: bghum@internode.on.net